

| <u>FEB</u> | <u>DATE</u> | <u>MORNING</u> | <u>AFTERNOON</u> | <u>EVENING</u> | <u>NIGHT</u> | |
|------------|-------------|----------------|---------------------------------|----------------|--------------|--|
| 2019 | | | | | | |
| FRID | 1ST | | | | | |
| SAT | 2ND | | | | | |
| SUN | 3RD | Green MASS | Fourth Sunday in ordinary time | | | |
| MON | 4TH | P/GP | P/GP | | | |
| TUES | 5TH | P/GP | | SLIM.WRLD 1 | SLIM.WRLD 2 | |
| WED | 6TH | P/GP | P/GP | | YOGA | |
| THURS | 7TH | P/GP | | | TAI CHI | |
| FRID | 8TH | P/GP | | | | |
| SAT | 9TH | | | | | |
| SUN | 10TH | Green MASS | Fifth Sunday in ordinary time | | | |
| MON | 11TH | P/GP | P/GP | BALLET | | |
| TUES | 12TH | P/GP | | SLIM.WRLD 1 | SLIM.WRLD 2 | |
| WED | 13TH | P/GP | P/GP | | YOGA | |
| THURS | 14TH | P/GP | | | TAI CHI | |
| FRID | 15TH | P/GP | | | | |
| SAT | 16TH | | | | | |
| SUN | 17TH | Green MASS | Sixth Sunday in ordinary time | | | |
| MON | 18TH | | | | | |
| TUES | 19TH | | | SLIM.WRLD 1 | SLIM.WRLD 2 | |
| WED | 20TH | | | | YOGA | |
| THURS | 21ST | | | | TAI CHI | |
| FRID | 22ND | | | | | |
| SAT | 23RD | | | | | |
| SUN | 24TH | Green MASS | Seventh Sunday in ordinary time | | | |
| MON | 25TH | | | BALLET | | |
| TUES | 26TH | P/GP | | SLIM.WRLD 1 | SLIM.WRLD 2 | |
| WED | 27TH | P/GP | P/GP | | YOGA | |
| THURS | 28TH | P/GP | | | W.I. | |