

# The Catholic Parish of Ongar & Doddinghurst



St. Helen's Catholic Church  
The Presbytery  
87 High Street  
Chipping Ongar  
CM5 9DX

Parish Priest:

**Fr Emile Nkumu**

Phone: 01277 362645

[ongar@dioceseofbrentwood.org](mailto:ongar@dioceseofbrentwood.org)

[www.catholic-parish-ongar.org.uk](http://www.catholic-parish-ongar.org.uk)



St. Margaret of Scotland  
Doddinghurst Road  
Doddinghurst  
CM15 0QJ



## EIGHTH SUNDAY IN ORDINARY TIME (C)

Sunday 27th February, 2022

**Ecclesiasticus 27.5–8 Psalm 91**

**1 Corinthians 15.54–58 Luke 6.39–45**

We hear from the book of Ecclesiasticus the importance of speaking truthfully, and that being a way of judging a person. So as we may be familiar with in the Scriptures, the fruit is both a sign of and the result of what lies in a person's heart (the seat of moral life).

Jesus is teaching his listeners to reflect on how the words and deeds of a person are indicative of what lies within. Like the reading from Ecclesiasticus, there is the image of trees producing good fruit; the words and deeds of a person are indicative of what lies within.

Those who hear the Gospel at the Eucharist as disciples that Jesus is not simply telling us how to judge others, he is insisting that our words and actions are truthful and honest; and we are invited to examine the fruit we produce in order to recognise what is in our heart, and then address it accordingly.

Keep yourself safe and well. *Fr Emile.*

## **Parish Census**

For anyone in the Parish who has yet to fill out a Parish Census form then it is important that you please do so we can improve communication with you. Please place in the box at the back of the churches or, if preferred, it can either be dropped in or scanned and emailed to the Parish Office at [The Presbytery ongar@diocesseofbrentwood.org](mailto:ongar@diocesseofbrentwood.org). Forms are available at the back of the churches.

## **First Holy Communions**

The next session for the children making their First Holy Communion's will be a Reconciliation Lesson On Wednesday 2nd March, 4.30pm at St. Margaret's, Doddinghurst.

## **Confirmations**

The next session for the Confirmands will be with the theme 'The Sacrament of Confirmation' which will take place on Thursday 10th March at 7pm at the Presbytery. The Confirmation Mass will take place at 10.30am at St. Margaret's on Sunday 13th March.

## **100 Club**

The first winner of the 100 club in 2022 was Clara Greenaway. She was delighted to receive £71. Thank you to everyone who supports the Parish in this way. This raises a small but regular income and gives the members a chance to win every month. If you are not already a member, you can collect application forms from either Church, the parish office or from the website.

The cost is £24 a year - either cash, cheque or via standing order. 50% of the income goes to the Parish and 50% to the monthly winner. The next draw will be on Sunday 27th February.

## **Lent Readings**

The Scripture readings for Lent are particularly rich and a major source of help in living a good Lent. Fr Adrian Graffy, parish priest, Scripture scholar, and member of the Pontifical Biblical Commission, has prepared commentaries on all the readings in the Liturgy of the Word at Mass throughout Lent, from Ash Wednesday to Good Friday. The full text of the biblical readings and commentary are accessible from the home page of [www.whatgoodnews.org](http://www.whatgoodnews.org)

## **Repository Shop - St Helen's, Ongar**

We now have Easter and St. Patrick's Day cards stocked in the repository shop. We also have a lovely selection of religious cards and gifts including rosaries, bookmarks, crosses, prayer cards etc which are ideal for occasions such as Christmas, Baptisms, First Holy Communions and Confirmations. If

you wish to purchase anything then please speak to Ann Jackson, usually available after mass or alternatively please contact the Parish Office.

### **Prayer Group**

This Wednesday 2nd March, we are happy to announce the Prayer Group will resume. 1.00pm at St. Helen's Church, Ongar. Everyone is welcome.

**Diocesan Directory** is available for £2.80 from the Parish Office.

### **Altar Servers**

Now the situation with Covid has eased somewhat, Fr. Emile would like to invite any altar servers who may have served previously to return if they wish. Also for any young people who are interested in serving at the altar to please get in touch.

### **James Browning**

This lent I will be taking part in CAFOD's "Walk Against Hunger" challenging myself to walk 5K per day and help stamp out hunger. Parishioners can donate on my face book page (justgiving.com) <https://walk.cafod.org.uk/fundraising/walk-against-hunger1431> or online to CAFOD, and together we can help families whose lives are in danger from hunger and malnutrition.

### **BCYS Lenten Revision Retreat**

2nd - 3rd April, Walsingham House

In years 11 -13 and preparing for exams this year? Get a change of scenery and a fresh perspective at Walsingham House at Abbotswick this lent for times of prayer, socialising and activities, but mostly to revise, alongside friends and the Walsingham House team members.

As always the chapel is here for times of quiet reflection throughout the day. Book online NOW at [www.bcys.net/events](http://www.bcys.net/events).

### **BCYS Youth Mass** - Thursday 3<sup>rd</sup> March, Brentwood Cathedral

Come along from 6pm for pizza, followed by Sophie from the Walsingham House team and CAFOD, who will talk about her experiences, inspiring us to get involved and how we can take action!

Mass will begin in the cathedral from 7:30pm, joined by Fr Gary Dench who will preach the Gospel.

Open to all those in years 9 and above, no booking necessary.

(YOUTH MASS takes place on the First Thursday of EVERY MONTH and groups are always welcome! Please let us know in advance if you wish to bring a group, if you are able, so that we can have an idea how much pizza to order! Any groups are always welcome!)

### **Prayer to St. Michael the Archangel**

At the end of the mass, as you may have noticed, Fr. Emile says a prayer to St Michael. You are warmly encouraged to also say this prayer along with Fr. Emile if you wish.

Holy Michael, the Archangel, defend us in the day of battle.  
Be our safeguard against the wickedness and snares of the devil.  
May God rebuke him we humbly pray; and do thou, O Prince of the heavenly  
host, by the power of God thrust down into hell  
Satan and all the wicked spirits  
who wander throughout the world seeking the ruin of souls.  
Amen.

### **Covid Guidance - government plan for living with Covid**

You will not be legally required to self-isolate following a positive test. Adults and children who test positive will continue to be advised to stay at home and avoid contact with other people. After 5 days, they may choose to take a Lateral Flow Device (LFD) followed by another the next day - if both are negative, and they do not have a temperature, they can safely return to their normal routine. Those who test positive should avoid contact with anyone in an at risk group, including if they live in the same household.

There are no longer limits on the number of people you can meet. This means there are no restrictions on group sizes for attending communal worship. Legal requirements for social distancing no longer apply and you will not need to stay 2 metres apart from people you do not live with.

There are no legal restrictions on the number of people that can attend a place of worship, including at significant life events, such as bar/bat mitzvahs, private baptisms, and naming ceremonies.

There is no longer a legal requirement to wear a face covering. The government suggests that you continue to wear a face covering in crowded and enclosed spaces where you may come into contact with other people you do not normally meet.

### **Act of Spiritual Communion Prayer:**

My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You. Amen

### **Pilgrimage to Knock Shrine, Ireland**

Fully escorted Pilgrimage to Knock Shrine, Ireland, 23<sup>rd</sup> May 2022. £699.00 per person sharing. Price includes flight with 10kg hand luggage, all transfers, 4 nights' in Knock House Hotel with full board. All entertainment and excursions included. Lunches on days out. Wheelchair accessible rooms. Single room supplement £100. Contact Patricia on 01268 762 278 or 07740 175557 or email [knockpilgrimages@gmail.com](mailto:knockpilgrimages@gmail.com). Knock Pilgrimages is a member of the Travel Trust Association and is fully protected by ATOL T7613.

**Faith Lift Day** at the Sion Community on Saturday 12<sup>th</sup> March at Sawyers Hall Lane, Brentwood, CM15 9BX . The programme begins with Mass at 12.00, followed by lunch (please bring your own) 2.00 praise and worship, 2.45 Talk followed by Adoration until 4.30 during which time Confession and prayer ministry will be available. Please feel welcome to join the day at any time, no booking is required. Tea and coffee will be available. Please share with anyone you think may be interested.

**THRESHOLDS OF HOPE QUESTION: What is new about the new evangelisation?** Input will be given by Fr Pachel Uche, assistant priest at St James the Less, Colchester, today, Sunday 27th February, 4.00 – 5.00 p.m. via Zoom. To join this Zoom meeting simply forward a contact email to [adultformationvicariate@dioceseofbrentwood.org](mailto:adultformationvicariate@dioceseofbrentwood.org). For more information go to [www.thresholdsofhope.co.uk](http://www.thresholdsofhope.co.uk)

**The Brentwood Catholic Children's Society** is inviting parishioners across the Diocese to join in with their now-annual 'Relay 100' community event this May and June. This initiative is an opportunity to remind our community about the work we do, to reach families who may need our support and to raise some funds through sponsored walks, runs or cycles. We are looking for 100 individuals or groups to complete a 'leg' of our relay around the diocese both locally and further afield; we have routes of varying distances so there is something to suit all abilities. Can you help us? To find out more, please contact Damian Dillon: [ddillon@bccs.org.uk](mailto:ddillon@bccs.org.uk) / 07912 308000 or visit <https://www.bccs.org.uk/fundraising-and-events/all-events/relay-100> to read more about this event.

### **Caritas, Diocese of Brentwood**

are inviting people of all ages to collect items throughout Lent, by following our Lenten Giving Calendar. All the items you collect can be placed into a box or container, topped with an Easter Egg, and then donated to your local foodbank just in time for Easter week. All information, including the calendar itself, can be found at [www.caritasbrentwood.org/lent](http://www.caritasbrentwood.org/lent) or by emailing [sianthomas@dioceseofbrentwood.org](mailto:sianthomas@dioceseofbrentwood.org)

## Standing Orders, QR Codes and Contactless Giving

We are very grateful that many of our parishioners now donate to the Parish using standing orders to support us, particularly in this very difficult time. If you wish to set up a standing to our bank account please use Account Number 01017616, Sort Code: 40-13-22 and quote your gift aid number as a reference. For alternative ways to donate, QR codes have also been sent up to make it easier.

To make a donation please scan the QR code with a QR code scanner app for the appropriate amount using your mobile phone. The amount will be deducted from your bank account electronically and sent to the Parish bank account. If you wish to Giftaid-it please scan the codes in the Giftaid-it section after reading the declaration. Codes are also available at the back of the church.



Please treat as gift aid donation, all qualifying gifts of money made from the date of this declaration. I am a UK taxpayer and understand that, if I pay less Income Tax and/or Capital Gains Tax in the current year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference.

Donate £3.00	Donate £5.00	Donate £10.00	Donate £20.00

### *Donate without Giftaid-it*

If you are unable to donate with Giftaid-It then please use the codes below.

Donate £3.00	Donate £5.00	Donate £10.00	Donate £20.00

### Weekly Offerings:

Offerings may be made at Mass or posted through the door of the Priest's House marked with your Gift Aid number or you can use your envelopes if you have them. Cheques should be payable to Catholic Church Ongar St Helens and will be dealt with by the Parish Office. Alternatively a bank transfer/standing order with your Gift Aid number as a reference can be made by using Account Number 01017616, Sort Code: 40-13-22. To apply for the Gift Aid Scheme please contact Bernard Adams on 01277 823511. Thank you.

### Prayer List:

Josie Biggs, Carmen Blackett, Carla Brennan, Marvin Bourke, Kathleen Cullen, Matthew Dansey, Richard Denton, Kathleen Donovan, Chris Easter, Lucy Gay, Emma Harnett, Harry & Family, Ron Hawkins, Jane & Family, Joanie, Nawal Freij, Douglas Jason, Veronica Kass, Joanna Keen, Sharon Lewis, Vivian Levett, Anna Lumley, Dean Macaree, Ian Maxwell, William Mortimer, Billy Nurse, Alan Nyman, Paul Nyman, Leslie Pay, Elizabeth Sainsbury, Ann Rayment, Bruna Roberts, Verone Rontganger, Kathy Scott, Margaret Simons, Sophie, Adrian Smith, Amelia Solomon, Mary Sage, Marie Sainsbury, Dave Speller, Jean Thurston, Pam Townsend, John Varellas, Michael Weaver, Frances Wiseman, Ellen Witt, Ruby Woodford, Harrison Wybow, John Harris, Mary Adams, Ken Blackett and all those afflicted by Covid-19.

### INFORMATION

**Sick/Housebound:** Sheena Mackintosh - 01277 821524

**Hall Bookings:** Kelly Love Parish Office 01277 362645

**New Parishioners:** Please introduce yourself to Fr Emile

**Steward of the Gospel:** Alan Chapman 01277 822793

**Safeguarding Officer:** Peggy Maxwell 01277525912

**Gift Aid Organiser:** Bernard Adams 01277 823511

**Repository Gift Shop:** Ann Jackson (see after mass)

**Parish Administrator:** Kelly Love 01277 362645

or email [ongar@dioceseofbrentwood.org](mailto:ongar@dioceseofbrentwood.org)

The Parish Office is open Tuesday - Fridays 10am - 3pm

If you are unable to reach anyone above then please contact the Parish Office.

Mass Attendance: February 19/20: Sat 5:30pm: 19 Sun 8:45am: 16 Sun 10:30am: 44  
Offertory: £376.50

**Thank you very much for your continued selfless generosity  
and support to our Parish.**

# MASS TIMES AND INTENTIONS

## EIGHTH SUNDAY IN ORDINARY TIME (C)

Sat 26 Feb 2022	(St H) 5.30pm	<b>People of the Parish</b>
Sun 27 Feb 2022	(St H) 8:45am	<b>Saloni Moronka Birthday</b>
	(St M) 10.30am	<b>First Holy Communion Children's Mass</b>
Mon 28 Feb 2022	(Ilford) 9.30am	<b>Sara 70th B'day Helena Dolcee Birthday 01/03</b>
Tue 1 March 2022	(St.H) 9.00am	<b>ST DAVID, Bp, Patron of Wales National Feast</b>
Wed 2 March 2022	(St H) 9.00am	<b>ASH WEDNESDAY</b>
	(St M) 7.30pm	<b>ASH WEDNESDAY</b>
Thu 3 March 2022	(St H)11.00am	<b>John Montague RIP (Lorraine Mitchell)</b>
Fri 4 March2022	(St.H) 9.00am	<b>Women's World Day of Prayer Elena &amp; Teresa Zambardi RIP (Paul Falco)</b>

## FIRST SUNDAY OF LENT (C)

Sat 5 March 2022	(St H) 5.30pm	<b>People of the Parish</b>
Sun 6 March 2022	(St.H) 8.45am	<b>People of the Parish</b>
	(St.M) 10.30am	<b>First Holy Communion Children's Mass</b>