

The Catholic Parish of Ongar & Doddinghurst



St. Helen's Catholic Church
The Presbytery
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Chipping Ongar
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Parish Priest:

Fr Emile Nkumu

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St. Margaret of Scotland
Doddinghurst Road
Doddinghurst
CM15 0QJ



SIXTH SUNDAY IN ORDINARY TIME (C)

Sunday 13th February, 2022

Jeremiah 17.5–8 Psalm 1 1 Corinthians 15.12,16–20 Luke 6.17,20–26

The reading from Jeremiah (like today's Psalm) applies the image to human beings – to distinguish those who trust in themselves and are like dry scrub and those who trust in God and never cease to bear fruit. Those who trust in themselves are considered as being blind: 'If good comes, he has no eyes for it.'

Luke in his version of the Beatitudes similarly gives us a series of contrasts, but accompanied by condemnatory woes. Those who are desperate, those who are most aware of their need who are the blessed ones, and that is because their situation makes them reliant, not on themselves, but on God. These are the ones who, in Jeremiah's words, put their trust in God, 'with the Lord for their hope'.

For Luke's Jesus, the rich and powerful are like dry scrub – they are blind – they fail to see what is important, their priorities are themselves, and that will lead to doom.

All three of our readings are pointing to a future reality, the only reality that ultimately matters. As Paul says: 'If our hope in Christ has been for this life only, we are the most unfortunate people.'

Keep yourself safe and well. *Fr Emile.*

Parish Census

For anyone in the Parish who has yet to fill out a Parish Census form then it is important that you please do so we can improve communication with you. Please place in the box at the back of the churches or, if preferred, it can either be dropped in or scanned and emailed to the Parish Office at [The Presbytery ongar@diocesseofbrentwood.org](mailto:ongar@diocesseofbrentwood.org). Forms are available at the back of the churches.

James Browning

This lent I will be taking part in CAFOD's "Walk Against Hunger" challenging myself to walk 5K per day and help stamp out hunger. Parishioners can donate on my face book page ([justgiving.com](https://www.justgiving.com)) <https://walk.cafod.org.uk/fundraising/walk-against-hunger1431> or online to CAFOD, and together we can help families whose lives are in danger from hunger and malnutrition.

First Holy Communions

The next session, with the theme 'Making Peace', for the children making their First Holy Communions, will be on Wednesday 23rd February, 2022 at 4.30-5.30pm at St. Margaret's, Doddinghurst.

Confirmations

Confirmation candidates will attend Reconciliation Mass on Thursday 17th February at 7pm at St Helen's, Ongar. All Parishioners are welcome.

100 Club

The first winner of the 100 club in 2022 was Clara Greenaway. She was delighted to receive £71. Thank you to everyone who supports the Parish in this way. This raises a small but regular income and gives the members a chance to win every month. If you are not already a member, you can collect application forms from either Church, the parish office or from the website.

The cost is £24 a year - either cash, cheque or via standing order. 50% of the income goes to the Parish and 50% to the monthly winner. The next draw will be on Sunday 27th February.

Doddy Drop-in

We were happy to see a good number of parishioners who were able to come to the first of the monthly drop-in socials held at St Margaret's last Tuesday. Some played cards, some played Scrabble and some just chatted and all enjoyed the usual tea and coffee, biscuits and some of Jane Gay's lovely cake of course! The next drop-in is on Tuesday 1st March. Although the parish is hosting the event, everyone is welcome and it will be nice for those able to venture out and socialise again.

Racial Justice Sunday 2022 - Second Collection

Your donation is greatly appreciated

This year's Racial Justice Sunday falls on 13 February 2022. The theme is "In the Image and Likeness of God" celebrating different presentations of the Holy Family from different countries and cultures. To see the presentations, downloadable as A4 posters, prayers and resources in the World's languages please use the following link to the Catholic Bishop's Conference website <https://www.cbcew.org.uk/rjs22/> Catholics are encouraged to mark the day by praying the words of Pope Francis taken from his encyclical letter *Fratelli Tutti* – *on fraternity and social friendship*:

Come, Holy Spirit, show us your beauty,
reflected in all the peoples of the earth,
so that we may discover anew
that all are important and all are necessary,
different faces of the one humanity
that God so loves.

Amen.

BCYS Summer Lourdes Pilgrimage, 23rd - 30th July 2022

Join the Youth pilgrimage to Lourdes this Summer, assisting pilgrims to Masses, services, shops and cafes of the beautiful French town, take part in retreats and a youth led reconciliation service, visit the baths and the stunning mountain town of Gavarnie, experience the amazing Lourdes processions, as well as social nights, party and so much more! The cost is £625 for the week, and is open to all those in school year 11 and above. (funding and grant opportunities are available!). You can email gabriellafusi@dioceseofbrentwood.org or visit www.bcys.net/events/sl22 to find out more and apply now! The deadline for applications is Sunday 20th February.

BCYS March Youth Mass - Cafod - Step into the Gap with Sophie

First Thursday of the Month - March - there will be food in the Parish Hall from 6pm, where we will then be joined by Walsingham House Volunteer Sophie Pereira, who is also taking part in CAFOD's "Step into the Gap" programme this year, a programme which offers opportunities for 18-30 year olds to gain experience, develop leadership skills and spend a year in the service of others. Sophie will tell us a bit more about her experience and inspire us with some of CAFOD's excellent resources this Lenten Season. Monthly Youth Mass will then begin in the Cathedral from 7:30pm, where Fr Stephen Morrison and Fr Gary Dench will join us to celebrate Mass and preach the Gospel. After Mass you are very welcome to return to the Parish Hall for refreshments, and if you are being collected the whole evening should finish by 9pm.

Diocesan Directory available for £2.80 from the Parish Office.

Prayer to St. Michael the Archangel

At the end of the mass, as you may have noticed, Fr. Emile says a prayer to St Michael. You are warmly encouraged to also say this prayer along with Fr. Emile if you wish.

Holy Michael, the Archangel, defend us in the day of battle.

Be our safeguard against the wickedness and snares of the devil.

May God rebuke him we humbly pray; and do thou, O Prince of the heavenly host, by the power of God thrust down into hell Satan and all the wicked spirits who wander throughout the world seeking the ruin of souls.

Amen.

Covid Guidance in relation to Places of Worship

COVID-19 Update - 28 January 2022

England has returned to Plan A with regard to measures to protect against COVID-19. People are advised to continue to wear a face-covering in crowded indoor spaces; allow in plenty of fresh air when meeting/ gathering indoors and follow test and self-isolation rules where necessary. Bear in mind that although the Plan B rules have now been lifted and we are moving towards learning to live with the virus, COVID-19 is still in circulation in our communities. COVID-19 risk assessments will still need to be kept up to date. The precautions you apply in your parishes should continue to be based on the position in your local community to ensure that clergy, employees and volunteer workers stay safe and individuals participating in services, activities and events can be confident about taking personal responsibility for their own risk.

Act of Spiritual Communion Prayer:

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.

I embrace You as if You were already there
and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

Be part of the Walsingham House Team 2022/23

If you are 18+ and looking for an exciting gap year opportunity, then a year on the Walsingham House Team could be for you. Spend a year as a volunteer in a thriving young Catholic Community, working with thousands of young people from Essex and East London. We are looking for inspiring individuals who want to share their faith with other young people and are also looking to learn new skills, grow deeper in their own faith and enjoy a challenge. For more information please contact Joseph Beattie, manager of Walsingham House, by emailing josephbeattie@dioceseofbrentwood.org or calling 01277 373959. There is more information about our work on our website (www.bcys.net) and social media @Brentwoodcys

Bishop's Certificate in Catechesis and Youth Ministry

The Bishop's Certificate is designed to be an entry level qualification to help in the ongoing formation of adults involved in sacramental preparation or youth ministry in the Diocese of Brentwood. It includes both the development of practical skills & the deepening of theological knowledge. The course is online and taught through engaging, short videos with expert interviews. The course will begin on the evening of 24th February, with an introduction and welcome evening, held at Walsingham House at Abbotswick. For more information please see our website: <https://bcys.net/bishops-cert/> or email your expression of interest to bishopscertificate@dioceseofbrentwood.org by Monday 22nd February.

Daily Gospel from Bishop Barron

Bishop Barron sends out a daily Gospel email which you may find helpful as a short two or three paragraph sermon or thought for the day. Please follow the link <https://dailycatholicgospel.com/sign-up-page> and click on 'Email my reflections' for a daily Gospel reflection email to your inbox.

Repository Shop

We have a lovely selection of religious cards and gifts including rosaries, bookmarks, crosses, prayer cards etc in our Repository Shop which are ideal for occasions such as Christmas, Baptisms, First Holy Communions and Confirmations. If you wish to purchase anything then please speak to Ann Jackson, usually available after mass or alternatively please contact the Parish Office.

Threshold of Hope Questions: What do devotions to Mary tell us about her Son, Jesus? Input will be given by Fr. Michael Barwick, assistant parish priest of Our Lady and St George, Walthamstow, today, Sunday 13th February, 4.00 – 5.00 p.m. via Zoom. To join this Zoom meeting simply forward a contact email to adultformationvicariate@dioceseofbrentwood.org. For more information go to www.thresholdsofhope.co.uk

Standing Orders, QR Codes and Contactless Giving

We are very grateful that many of our parishioners now donate to the Parish using standing orders to support us, particularly in this very difficult time. If you wish to set up a standing to our bank account please use Account Number 01017616, Sort Code: 40-13-22 and quote your gift aid number as a reference. For alternative ways to donate, QR codes have also been sent up to make it easier.

To make a donation please scan the QR code with a QR code scanner app for the appropriate amount using your mobile phone. The amount will be deducted from your bank account electronically and sent to the Parish bank account. If you wish to Giftaid-it please scan the codes in the Giftaid-it section after reading the declaration. Codes are also available at the back of the church.



Please treat as gift aid donation, all qualifying gifts of money made from the date of this declaration. I am a UK taxpayer and understand that, if I pay less Income Tax and/or Capital Gains Tax in the current year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference.

Donate £3.00	Donate £5.00	Donate £10.00	Donate £20.00

Donate without Giftaid-it

If you are unable to donate with Giftaid-It then please use the codes below.

Donate £3.00	Donate £5.00	Donate £10.00	Donate £20.00

Weekly Offerings:

Offerings may be made at Mass or posted through the door of the Priest's House marked with your Gift Aid number or you can use your envelopes if you have them. Cheques should be payable to Catholic Church Ongar St Helens and will be dealt with by the Parish Office. Alternatively a bank transfer/standing order with your Gift Aid number as a reference can be made by using Account Number 01017616, Sort Code: 40-13-22. To apply for the Gift Aid Scheme please contact Bernard Adams on 01277 823511. Thank you.

Prayer List:

Josie Biggs, Carmen Blackett, Carla Brennan, Marvin Bourke, Kathleen Cullen, Matthew Dansey, Richard Denton, Kathleen Donovan, Chris Easter, Lucy Gay, Emma Harnett, Harry & Family, Ron Hawkins, Jane & Family, Joanie, Nawal Freij, Douglas Jason, Veronica Kass, Joanna Keen, Sharon Lewis, Vivian Levett, Anna Lumley, Dean Macaree, Joan Marshall, Ian Maxwell, William Mortimer, Billy Nurse, Alan Nyman, Paul Nyman, Leslie Pay, Elizabeth Sainsbury, Ann Rayment, Bruna Roberts, Verone Rontganger, Kathy Scott, Margaret Simons, Sophie, Adrian Smith, Amelia Solomon, Mary Sage, Marie Sainsbury, Dave Speller, Jean Thurston, Pam Townsend, John Varellas, Michael Weaver, Frances Wiseman, Ellen Witt, Ruby Woodford, Harrison Wybow, John Harris, Mary Adams and all those afflicted by Covid-19.

INFORMATION

Sick/Housebound: Sheena Mackintosh - 01277 821524

Hall Bookings: Kelly Love Parish Office 01277 362645

New Parishioners: Please introduce yourself to Fr Emile

Steward of the Gospel: Alan Chapman 01277 822793

Safeguarding Officer: Peggy Maxwell 01277525912

Gift Aid Organiser: Bernard Adams 01277 823511

Repository Gift Shop: Ann Jackson (see after mass)

Parish Administrator: Kelly Love 01277 362645

or email ongar@dioceseofbrentwood.org

The Parish Office is open Tuesday - Fridays 10am - 3pm

If you are unable to reach anyone above then please contact the Parish Office.

Mass Attendance: February 5/6: Sat 5:30pm: 22 Sun 8:45am: 8 Sun 10:30am: 36

Offertory: £151.73

Thank you very much for your continued selfless generosity
and support to our Parish.

MASS TIMES AND INTENTIONS

SIXTH SUNDAY IN ORDINARY TIME (C) (Racial Justice Day)

Sat 12 Feb 2022	(St H) 5.30pm	Christopher McDonagh (M. McDonagh)
Sun 13 Feb 2022	(St H) 8:45am	All Women of Prayer Group and their Int. (M. McDonagh)
	(St M) 10.30am	People of the Parish
Mon 14 Feb 2022	(Ilford) 9.30am	SS CYRIL Monk, and METHODIUS, Bp. European Feast Margaret Thomas Birthday int. The Madden Family int. The Corroy Family int. Kathleen Buckley int. Mary & Brendan Connaghan RIP
Tue 15 Feb 2022	(St.H) 9.00am	Feria Peter Smith RIP (Paul Falco)
Wed 16 Feb 2022	(St H) 9.00am	Feria Ned Kiernan RIP
Thu 17 Feb 2022	(St H)11.00am	Feria
	(St H) 7.00pm	Confirmandi Candidates Reconciliation Mass
Fri 18 Feb 2022	(St.H) 9.00am	Feria Mary & Brendan Connaghan RIP

SEVENTH SUNDAY IN ORDINARY TIME (C)

Sat 19 Feb 2022	(St H) 5.30pm	Joan Marshall RIP (L. Gardner & SVP)
Sun 20 Feb 2022	(St.H) 8.45am	John Buckley A 23/02
	(St.M) 10.30am	People of the Parish